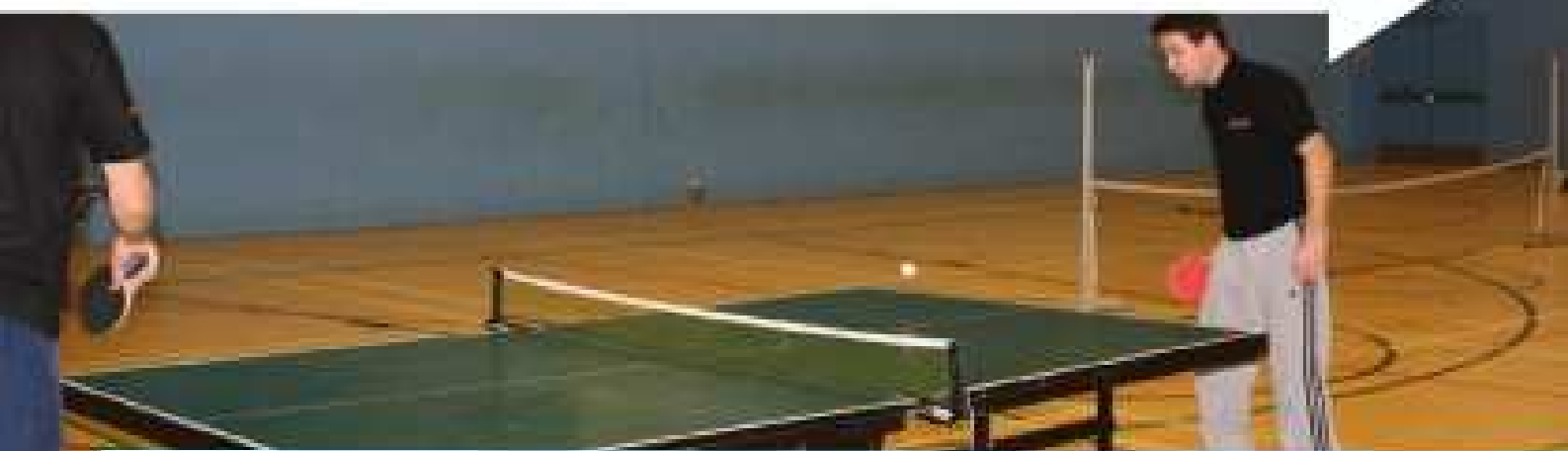




SPORTSNET

For more information please contact:
Gary Ashman on 07921 040027
or by Email: gary.ashman@skillnetgroup.co.uk

SPORTS TASTER SESSIONS



find out more about us: www.skillnetgroup.co.uk

Monday

1pm - 3pm

Badminton

Ramsgate Sports Centre

2pm - 3pm

Express Gym Session

Ramsgate Sports Centre

Tuesday

3pm - 4.30pm

Open Gym Session

Hartsdown Leisure Centre

3.15 - 4.15pm

Badminton / Table Tennis

Hartsdown Leisure Centre

Wednesday

1pm - 2pm

Aerobics/Exercise Class

Hartsdown Leisure Centre

1.30 - 3.45pm

Open Swim Session

Hartsdown Leisure Centre

1pm - 2pm

Trampolining

Ramsgate Sports Centre

Thursday

2pm - 3pm

Express Gym Session

Ramsgate Sports Centre

Friday

12pm - 1pm

Gymnastics

Hartsdown Leisure Centre

3pm - 4.30pm

Open Gym Session

Hartsdown Leisure Centre



Skillnet Group
Community Enterprise Company



Sportsnet is a Skillnet Group Project in partnership with Thanet Leisure Force.
funded by Comic Relief. Skillnet Group is a Registered Company no. 4557954



Sports Taster Sessions



SPORTSNET

Venues across Thanet!

Sportsnet is to improve and widen the inclusion of people with learning disabilities into mainstream sport. If you are interested in sport and not sure where to start, please come and try one of our Taster Sessions

Please see the timetable overleaf for what's on when!



- Gym sessions
- Aerobics
- Badminton
- Trampolining
- Gymnastics
- Swimming
- Table Tennis

